

Supreme Outreach JANUARY 2012 MENU

ULTIMATE LIFE BOX \$46

1.5 LB AVG BONELESS SKINLESS CHICKEN BREAST
 4 lbs CHICKEN DRUMSTICKS & THIGHS
 1 LB GROUND TURKEY
 1.5 LB WHITING FILLETS
 1 LB GROUND BEEF
 2 LB PORK ROAST
 1 LB PORK SAUSAGE
 1.5 LBS CUBED BEEF STEAK
 12 OZ SKICED BACON
 1 LB HOT DOGS
 40 OZ BOIL-IN-BAG MAC AND CHEESE (4 X 10 OZ)
 1 LB CARROTS
 1 LB CAULIFLOWER
 2 LBS GREEN BEANS
 2 LBS CORN ON COB
 2 LBS BREADED SQUASH
 24 OZ FRENCH FRIES
 15 OZ BAKE & BREAK CC COOKIES

ABUNDANT LIFE BOX \$35

4 LBS CHICKEN DRUMSTICKS & THIGHS
 1 LB GROUND TURLEY
 1 LB GROUND BEEF
 2 LB PORK ROAST
 1 LB PORK SAUSAGE
 1.5 LB CUBED BEEF STEAK
 1 LB SLICED DELI HAM
 1 LB HOT DOGS
 40 OZ BOIL-IN-BAG MAC AND CHEESE (4 X 10 OZ)
 24 OZ FRENCH FRIES
 1 LB SLICED CARROTS
 1 LB CAULIFLOWER
 2 LBS GREEN BEANS
 2 LBS BREADED SQUASH
 24 OZ FRENCH FRIES
 15 OZ BAKE & BREAK CC COOKIES

CHICKEN SPECIAL BOX #1

\$18.00

10 LB BREADED CHICKEN TENDERS

5048 Meatloaf w/ Mashed Potatoes, Cauliflower and Peas & Carrots	570	30
5065 Fettuccini Alfredo w/ broccoli & Carrots, Brussels Sprouts, zucchini and Red peppers	390	35
5069 Lemon Pepper Fish w/ rice, Broccoli & Carrot Blend	330	51
5052 Macaroni & Cheese w/ Broccoli and Lima Bean Blend	640	61
5061 Chicken and Noodle with Brussels Sprouts and Corn	610	43
5044 Salisbury Steak & Gravy with Roasted Potatoes, Cauliflower, Peas, and Carrots	600	36
5063 Chili with Beef and Beans, Sweet Potatoes, Green Beans	370	42
5077 Fiesta Chicken & Rice w/ vegetables, corn & cauliflower	460	37
6020 Spanish Omelet with Maple Oatmeal & Cinnamon Applesauce	310	43
5043 Spaghetti & Meatballs with Corn, Peas & Carrots	500	57

Meal Averages 478 43.5



LOW SODIUM MEALS 10 PER CASE \$28

IMPORTANT DATES

JANUARY 19TH 5PM: CUT OFF ON ALL ORDERS

JANUARY 28TH: DISTRIBUTION DATE – at church

Mckendree United Methodist Church

1570 Lawrenceville Suwanee Rd

Lawrenceville, GA

Call Andy Phucas for more info – 770-313-5723

www.supremeoutreach.com